



YOGA FOR VETERANS



MEGHAN'S FOUNDATION

strength • balance • peace

MEGHAN'S
FOUNDATION

*4th of
July*

FUNDRAISER!

With the outbreak of Covid-19 many fundraising events for Meghan's Foundation have been cancelled. As you prepare to celebrate our Nation's Independence, please take a moment to remember those who have given so much already. Your donation to Meghan's Foundation provides free VEMA Yoga classes to Veterans and Service Members trying to cope with symptoms of PTSD. To keep these classes funded we are asking for a modest donation of \$17.76 in recognition of the signing of the Declaration of Independence in the year 1776. Let's celebrate our independence and help honor the men and women who have served this great nation. You can put your John Hancock on a check or make your donation on-line at:

www.meghansfoundation.org

or mail to: P.O. Box 1538

Doylestown, PA 18901

